## Dear Council Members.

I hope this letter finds you well. I am writing to inform you of our plans to host a fundraiser at Miller Park on May 18th, 2024 in support of Lupus Canada and to kindly request your consideration in waiving the fees associated with renting the fields for this event.

As someone who personally struggles with lupus, this cause is incredibly important to me. Lupus is a chronic autoimmune disease that affects millions of people worldwide, and raising funds and awareness is vital in supporting those affected by this condition.

Our main event will be a soccer tournament, but we have also planned various activities to engage the community and raise additional funds. These activities include food trucks, mini-games, a coloring contest for kids, a bake sale, an information booth, raffle prizes, merchandise for sale, and small business vendors. We believe that these activities will not only contribute to the success of the fundraiser but also provide a fun and enjoyable experience for all participants.

Given the charitable nature of our event and the importance of raising awareness for lupus, we kindly ask that the council consider waiving the fees for renting the fields at Miller Park. By doing so, you will not only support our cause but also demonstrate the council's commitment to fostering community engagement and support for important health initiatives.

We assure you that we will adhere to all rules and regulations set forth by the council regarding the use of the park facilities, and we are more than willing to provide any additional information required for consideration of our request.

Thank you for taking the time to consider our proposal. We look forward to your favorable response and the opportunity to work together to make this fundraiser a success.

Sincerely,

Dani Rohatuk

lupusfundraisercanada@gmail.com



believed to contribute to the development of lupus. Early diagnosis and appropriate management can help individuals with lupus lead fulfilling lives despite the challenges posed by the disease.

Lupus can make life challenging for several reasons, as it is a chronic autoimmune disease that can affect multiple organs and systems in the body. The impact of lupus on an individual's life can vary widely, and factors such as the severity of symptoms, the organs affected, and how well the disease is managed all play a role. Here are some reasons why lupus can make life difficult for those affected:

Variable Symptoms: Lupus is known for its diverse and often unpredictable symptoms. Fatigue, joint pain, skin rashes, fevers, and organ inflammation are common, but the range of symptoms can make it challenging for individuals to predict how they will feel on any given day.

**Fluctuating Disease Activity:** Lupus tends to be characterized by periods of increased disease activity (flares) and periods of reduced or no symptoms (remissions). The fluctuating nature of the disease can make it difficult for individuals to plan and engage in daily activities consistently.

**Physical Limitations:** Joint pain, stiffness, and muscle aches are common symptoms of lupus, which can limit mobility and make physical activities more challenging. This can impact an individual's ability to work, exercise, or perform routine tasks.

**Organ Involvement:** Lupus can affect various organs, including the kidneys, heart, lungs, and nervous system. In severe cases, organ involvement can lead to significant health issues, requiring intensive medical management and impacting overall quality of life.

**Medication Side Effects:** The medications used to manage lupus symptoms and prevent flares can have side effects. Individuals with lupus may need to take a combination of medications, and finding the right balance can be a complex process. Some medications may cause side effects that contribute to the overall difficulty of managing the disease.

**Emotional and Mental Health Impact:** Living with a chronic illness like lupus can take a toll on emotional well-being. Dealing with pain, fatigue, uncertainty, and potential lifestyle changes can contribute to stress, anxiety, and depression.

Social and Work Challenges: Lupus can affect a person's ability to work, and individuals may face challenges in maintaining regular employment

due to health-related issues. Social activities may also be impacted, as individuals may need to make adjustments based on their health status.

**Financial Strain:** The cost of medical care, medications, and potential lifestyle adjustments can lead to financial strain for individuals with lupus. This can add an additional layer of stress and difficulty to their lives.

Despite these challenges, it's important to note that with proper medical care, a supportive network, and lifestyle adjustments, many individuals with lupus lead fulfilling and productive lives. Support from healthcare professionals, friends, and family, as well as organizations like the Lupus Foundation, can play a crucial role in helping individuals manage the challenges associated with lupus.

## What is the purpose of the fundraiser?

Funding for Lupus Canada is crucial for several compelling reasons, and supporting this cause can make a meaningful impact on the lives of individuals affected by lupus. Here are some key reasons why fundraising for Lupus Canada is essential:

- Limited Treatment Options: Lupus is a complex and unpredictable autoimmune disease with no cure. Current treatment options are often limited, and individuals with lupus may experience a range of symptoms affecting various organs. Funding is essential for research aimed at developing more effective treatments and, ultimately, finding a cure for lupus.
- 2. Raise Awareness: Lupus is a relatively misunderstood and under-recognized disease. Fundraising efforts can contribute to raising awareness about lupus within the general public, among healthcare professionals, and even among those directly impacted by the disease. Increased awareness can lead to earlier diagnosis, better support, and improved quality of life for individuals with lupus.
- 3. **Support Services:** Individuals with lupus often face physical, emotional, and financial challenges. Lupus Canada provides valuable support services such as educational resources, counseling, and assistance programs. Fundraising helps ensure that these services can be expanded and offered to a broader range of individuals in need.
- 4. **Research Advancements:** Ongoing research is essential for understanding the underlying causes of lupus, developing more accurate diagnostic tools, and discovering new treatment options. Funds raised for Lupus Canada contribute directly to supporting research initiatives that aim to improve the lives of those affected by lupus.

- 5. Community Building: Fundraising activities bring people together and create a sense of community among individuals affected by lupus, their families, and friends. This sense of community is invaluable in providing emotional support, reducing feelings of isolation, and fostering a network for sharing experiences and advice.
- 6. Advocacy Efforts: Lupus Canada engages in advocacy efforts to promote policies and practices that benefit individuals with lupus. Funds raised can be used to support these advocacy initiatives, helping to create a more supportive and understanding environment for people living with lupus.
- 7. **Education and Training:** Funding supports educational programs and training for healthcare professionals, enabling them to better understand lupus and provide improved care to patients. This can lead to earlier diagnosis, more effective management of symptoms, and better overall outcomes for individuals with lupus.

In conclusion, fundraising for Lupus Canada is an investment in the well-being of those living with lupus. By supporting research, raising awareness, providing essential services, and fostering a sense of community, your contributions can make a meaningful difference in the lives of individuals affected by this challenging autoimmune disease.