

Dear West Elgin Council Members,

I am writing to you to request continued support in waiving fees for the use of the Recreation Centre in Rodney once a month for a total of 7 evenings. This would be for our Children's Fitness program for children ages 3-6 years.

This is a free program delivered by the West Elgin Community Health Centre staff for children. Children's Fitness teaches the children the fundamental movement skills in a fun and interactive way. It increases fitness opportunities for children in our communities. It helps with fitness literacy and participation by educating individuals on the importance of lifelong physical activity. We try to reach children who might not be currently physically active due to numerous reasons, some of which include financial insecurity and limited options for fitness.

The dates of the program are the 3<sup>rd</sup> Monday of the month from 5:30-6:30pm during the months of October until May. We would require a half hour before and after for set-up and clean-up. Thank you for your consideration of the waiver of fees request for the Children's Fitness program.

Kind regards,

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